

Alzheimer's Society
Kent & Medway Locality
Lemanis House
Stone Street
Lympne
CT21 4JN

Tel: 0845 0405 919
ashford-shepway@alzheimers.org.uk

- **Outreach Service**
Outreach service for people with dementia and carers at any stage of the pathway, home visits to offer coping strategies, information and support.
- **Home from Hospital support**
- **Social Service referrals/Admiral Nurse referrals and benefit support advice.**
- **Carers Support Group**
- **Peer Support Groups**
3 hours, twice a month including a free lunch to people in the early stages of dementia
- **Dementia Cafes**
A place for people with dementia and carers to go to relax together, to meet other people and to learn more about dementia and about the services available.
- **Day Support**
Activity group for people with early to moderate stage dementia seeking to improve mental and physical skills within an informal environment which is held at Hawkinge.

To access this service call Nicola Ansley on 08450 405919 or email on ashford-shepway@alzheimers.org.uk